

Being Poor is Hard Work:

The Family 100 Research Project
as an Advocacy Tool

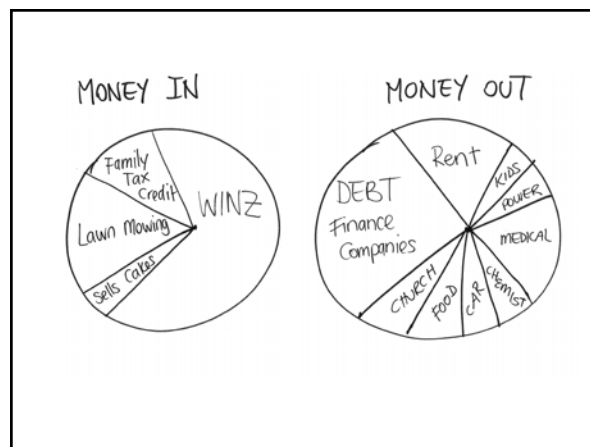
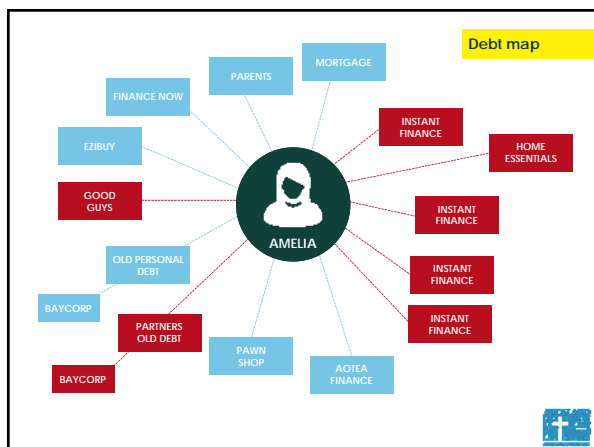
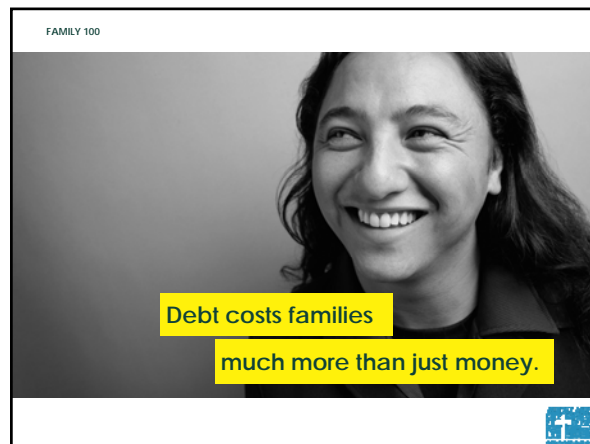
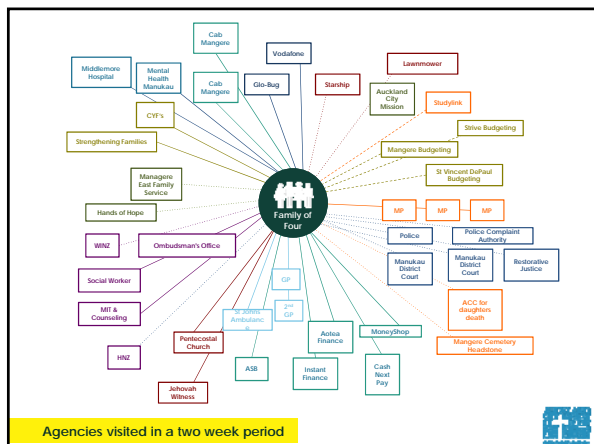
Emily Garden




- Research team and City Mission
- 100 Client Participants
- 8 Practitioner Participants
- Interviewed over 12 months

- ### Key Themes
- Housing
 - Service and agency engagement
 - Finances (Debt)
 - Health
 - Food
 - Justice
 - Education
 - (un)employment





Debt begets debt

“The worse thing about having debt is when you really need something and you have bad credit you have to use the most expensive options such as the Mobile Trucks ... Debt causes Debt”.

(Helen)

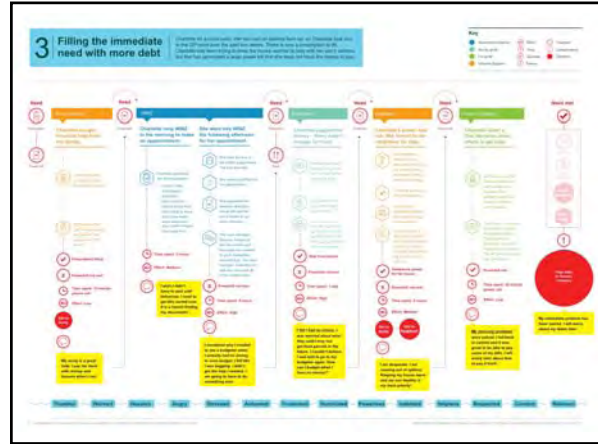
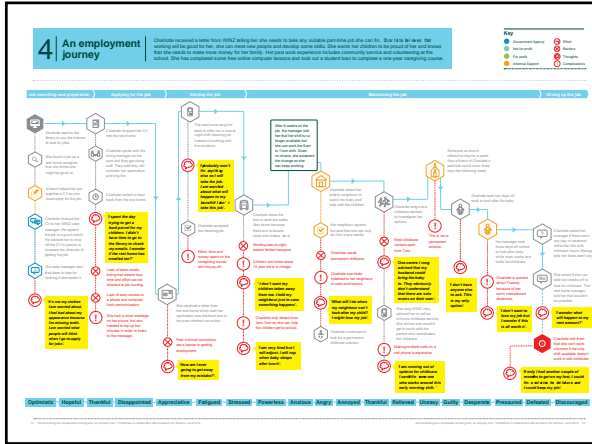
Charlotte's Family

Demonstrating the complexities of being poor: an empathy tool

Charlotte lives in Auckland and is a mother of three children; a boy aged 13 and two girls aged 7 and 14 months. She recently left her partner due to his unpredictable behavior, so she is now parenting alone.

Charlotte grew up in difficult rural areas. Her father was abusive to both her and her mother and routinely moved in and out of the family home. Although her father worked full time, his standard routine in the home meant that Charlotte's mother often had to rely on benefits to support the family. Charlotte had her first child when she was 17 and then left home to start a new life with her partner. They went on to have two more children together.

Charlotte currently lives in a Housing New Zealand rental property and is receiving the Sole Parent Support benefit. This payment often falls short and she sometimes makes meals from instant noodle soup. During these times of stress and fear she sometimes approaches friends and family for help or purchases clothing for the children or household goods from mobile trucks that show up in her area. To meet her family's needs, she also gets support from food banks, WINZ, family...



“The project has given me a space to have my voice heard”

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