Airways Health and Safety

Getting the balance right

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Airways
making your world possible
WHAT WE WILL COVER

- Business overview
- Environment
- Balance: health on work, work on health
- Sustainability
The ENVIRONMENT

Culture, Just Culture
Physical
Geographic
Demographic
Tasks and activities
Hazards
Leadership
The BALANCE

Health on Work

Home life

Type of work – shift work

Peers, friends & family

Individual Attitudes, beliefs and values

Outside interests – hobbies, 2\textsuperscript{nd} jobs, sport
The BALANCE

Work on Health

Working environment

Peers, Unions & Management

Company Attitudes, beliefs and values

Strategic focus on safety

Expectations
The CHALLENGES

Boundaries - personal vs work
Influence of others
Consistency for all
Awareness of self
Confidence in change
Believe?
Key FOCUS

Prioritise to suit the environment

Professionalism

Focus on what matters

Education, awareness and action

Underpinned by a Just Culture