

Graduate School of

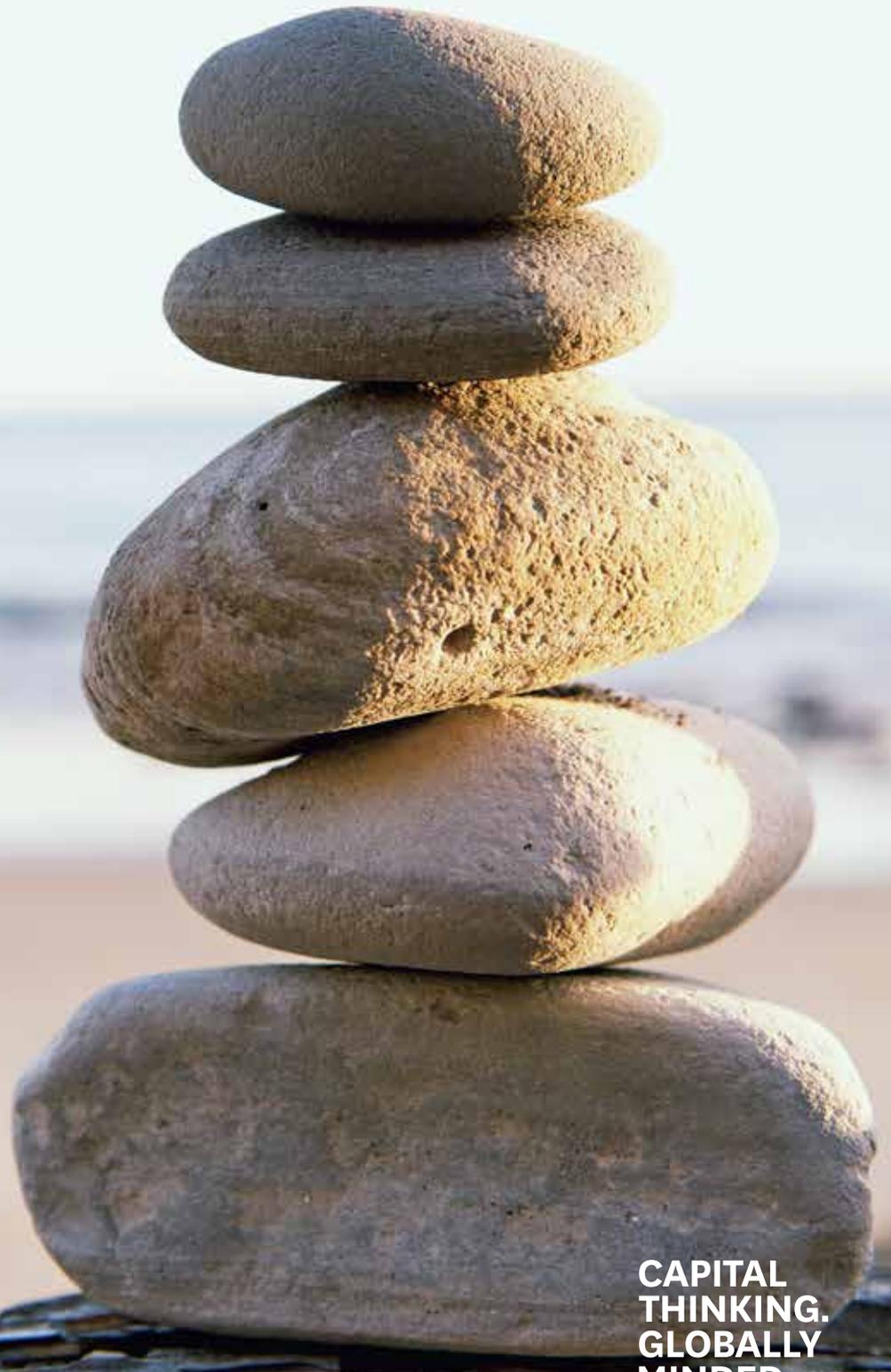
# Nursing, Midwifery and Health

**Te Kura Tapuhi Hauora**

**2019**

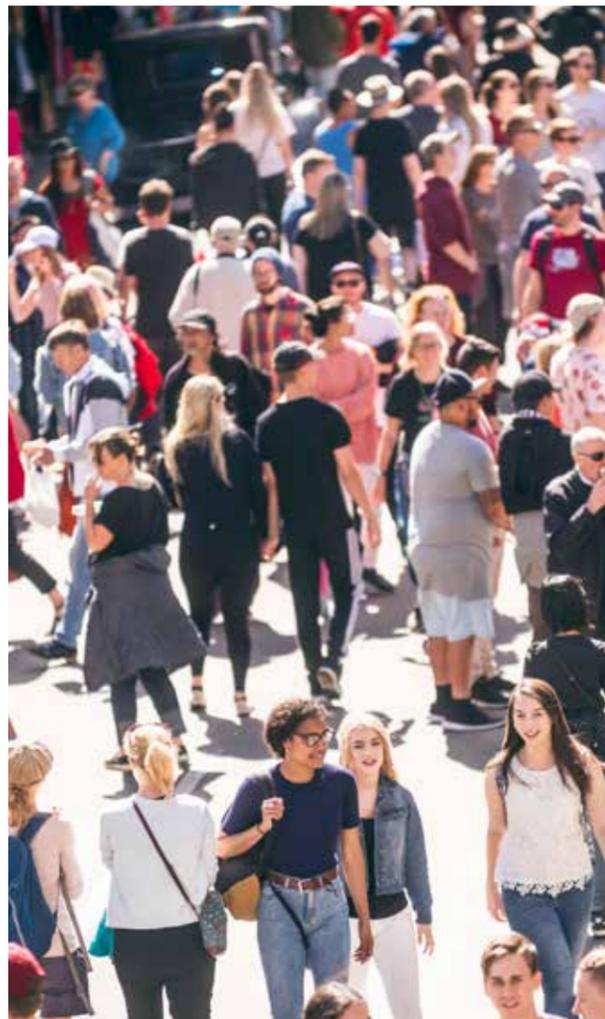
**VICTORIA  
UNIVERSITY  
WELLINGTON**

TE WHARE WĀNANGA  
O TE ŪPOKO O TE IKA A MĀUI



**CAPITAL  
THINKING.  
GLOBALLY  
MINDED.**

MAI I TE IHO KI TE PAE



# WELCOME

TĒNĀ KOE, NAU MAI, HAERE MAI KI TE KURA TAPUHI HAUORA.

It is my pleasure and privilege to welcome you to the Graduate School of Nursing, Midwifery and Health (GSNMH), one of the oldest schools for health professional education in New Zealand. The GSNMH is committed to supporting its students to develop as clinicians, researchers and academics and to help meet their goals. Through our research and education programmes, we aim to make a positive difference to the health and wellbeing of individuals and the communities that we serve. Our location within the Wellington campus of the capital city's district health board strategically positions the GSNMH to be close to practice and responsive to health policy and workforce development needs.

As a student at the GSNMH, you will study with colleagues under the guidance of national and international expert practitioners and scholars who have backgrounds in clinical pharmacology, health promotion, mental health, midwifery, nursing and sociology. In addition to our permanent staff, adjunct staff from New Zealand and around the world contribute to our programmes through teaching, research and student supervision.

The future of health and healthcare relies on health professionals who are confident and competent to work with people and communities in many and varied contexts—capable colleagues who can work in teams to deliver the most appropriate care, at the right time, in the right place. The courses presented at the GSNMH have been designed to challenge and develop your practice as critical thinkers, confident practitioners, specialists, leaders and scholars.

We can assist you to integrate academic life with work and family through our blended and flexible delivery models that allow you to learn at your pace, in your place and ours. We pride ourselves on our individualised support for students, from your first enquiry to the GSNMH through to graduation, in order to help you succeed in your chosen field. We are happy to guide you through designing your own personal course of study and look forward to helping you complete the next steps in your academic and professional career.

Hei konā mai,

**Dr Kathy Holloway**  
Director

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# TAKE THE NEXT STEP

The GSNMH specialises in postgraduate qualifications for nurses, midwives and other health professionals. Whether you are new to postgraduate study, keen to advance to the next level or considering a PhD, we have a programme for you. Our programmes are flexible and designed to meet the demands of today's busy clinical and research environments.

Attendance at schools held on our Wellington campus will provide you with invaluable opportunities to network with your peers and other healthcare experts.

You will benefit from the extensive knowledge and experience of our academic and administrative team. With a blend of research and teaching expertise and clinical experience, our academic team will support and work with you throughout your study, both face-to-face and via blended online learning.

Our programmes have been developed through extensive consultation with clinicians, managers and past, current and potential students, and are internationally benchmarked. Through a 'building block' approach, our programmes will enable you to gain qualifications that enhance your knowledge, skills and clinical experience.

Choose the path that suits you best from beginning study in postgraduate certificates to postgraduate diplomas, coursework Master's programmes (Master of Nursing Science or Master of Health with specialist subject options) or research Master's programmes (Master of Health Research) through to a professional doctorate or PhD.

The level at which you enter the programme will depend on your previous academic achievements and chosen professional direction.

### Graduate School of Nursing, Midwifery and Health

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[www.victoria.ac.nz/nmh](http://www.victoria.ac.nz/nmh)



Victoria University of Wellington has been awarded five stars overall in the QS global university ratings. In addition, the University received five stars in each of the eight categories.

# NURSING SCIENCE PROGRAMME

Our Nursing Science programme is designed for qualified and experienced registered nurses seeking to develop their theoretical knowledge and practical skills, both in general areas of clinical practice and in areas of specialist expertise. The programme of study includes pathophysiology, advanced assessment, diagnostics and therapeutics and pharmacology courses. Within the Nursing Science programme, you can complete Registered Nurse Prescribing and Nurse Practitioner pathways that have been approved by the Nursing Council of New Zealand (NCNZ).

Entry requirements:

- a Bachelor's degree in Nursing (or equivalent)
- must be a registered nurse with a current NCNZ practising certificate.

## POSTGRADUATE CERTIFICATE IN NURSING SCIENCE

The Postgraduate Certificate in Nursing Science (PGCertNS) allows you to choose any two courses applicable to your practice. These can be selected from a range of core and elective courses. In applying this knowledge to your workplace, you will be able to critically integrate theory, practice and research to improve nursing care and patient outcomes. The PGCertNS comprises two 30-point approved courses from HLTH 501–518 and HLTH 521–550.

## POSTGRADUATE DIPLOMA IN NURSING SCIENCE

In the Postgraduate Diploma in Nursing Science (PGDipNS) you will develop your knowledge, skills and professional confidence further. During this programme of study, you will gain a broader perspective on current nursing practice issues and a deeper understanding of the evidence base that underpins these practices. You will also develop your ability to carry out advanced assessments with patients in order to improve your clinical reasoning and enhance your skills in locating, analysing, evaluating and applying information and research to your everyday practice.

The PGDipNS totals 120 points, comprising the two compulsory courses, HLTH 502 Applied Pathophysiology and HLTH 514 Advanced Assessment and Clinical Reasoning (which can be completed during the PGCertNS and/or the PGDipNS), plus a further two 30-point approved courses from HLTH 501–518 and HLTH 521–550.

## MASTER OF NURSING SCIENCE

The Master of Nursing Science (MNS) helps you develop advanced practice that supports you to become an expert practitioner in your chosen area of practice, bringing new insight to clinical decision-making. You will also develop clinical leadership skills and the ability to integrate solutions to improve health outcomes for your patient population.

The MNS totals 240 points and is in two parts, each of 120 points. It can be taken with a coursework focus or a research focus.

**Coursework focus:** This comprises eight 30-point courses (120 points in each of Parts One and Two). Part One is the PGDipNS. Part Two must include the two compulsory courses HLTH 519 Research Review and HLTH 520 Practice Project, plus a further two 30-point approved courses from HLTH 501–518 and HLTH 521–550.

**Research focus:** This comprises five 30-point courses and a 90-point thesis. Part One is the PGDipNS. Part Two must include the compulsory courses HLTH 521 Research Methods and HLTH 594 Thesis.

### POSTGRADUATE CERTIFICATE IN NURSING SCIENCE 60 points

- 30-point elective course from HLTH 501–518 and HLTH 521–550
- 30-point elective course from HLTH 501–518 and HLTH 521–550

For detailed course prescriptions and dates, see pages 10–12.

Contact the programme director for academic advice and personalised course and programme planning.

### POSTGRADUATE DIPLOMA IN NURSING SCIENCE 120 points

- HLTH 502 Applied Pathophysiology\* (30 points)
- HLTH 514 Advanced Assessment and Clinical Reasoning\* (30 points)
- 30-point elective course from HLTH 501–518 and HLTH 521–550
- 30-point elective course from HLTH 501–518 and HLTH 521–550

\* Course can be completed during the PGCertNS and/or the PGDipNS.

### MASTER OF NURSING SCIENCE 240 points

- 120-point Postgraduate Diploma in Nursing Science *with a B grade average*

#### COURSEWORK PATHWAY

- 30-point elective course from HLTH 501–518 and HLTH 521–550
- 30-point elective course from HLTH 501–518 and HLTH 521–550
- HLTH 519 Research Review (30 points)
- HLTH 520 Practice Project (30 points)

#### RESEARCH PATHWAY

- HLTH 521 Research Methods (30 points) *with a B grade minimum*
- 90-point HLTH 594 Thesis



## PAIGE FOX

Student, Postgraduate Certificate in Nursing Science

Registered nurse, operating theatre

As a registered nurse working in a perioperative department, Paige decided to continue on with postgraduate study after first completing the HLTH 550 Entry to Professional Nursing Practice course in 2017.

Having her first child at 18, she felt strongly that being a young single mother was not going to be a barrier or an excuse for not achieving her goals in life. “The decision to continue to postgraduate study was simple. I wanted more in order to reach my full potential and be a role model for other young parents who choose to take up studying. They too can achieve their goals while raising children.”

She admits that balancing a full-time job, postgraduate study and being a mother has its challenges. However, Paige believes the benefits far outweigh the difficulties, expressing the sense of accomplishment. “It is incredibly rewarding and exciting as a young health professional. Study has opened doors for new possibilities. I get to further develop my knowledge in an area I am passionate about,” she says.

**“AS A YOUNG MĀORI MOTHER, I NEVER THOUGHT I WOULD COME THIS FAR IN STUDYING TOWARDS MY POSTGRADUATE CERTIFICATE, BUT VICTORIA UNIVERSITY HAS HELPED ME ACHIEVE THAT.”**



## JUAN IX CABREDO

Student, Master of Nursing Science—Nurse Practitioner Pathway

Registered nurse, palliative care

Working towards a Master of Nursing Science and with his eye on becoming a nurse practitioner, Juan began his postgraduate studies with Victoria University in 2015. As a registered nurse in a community hospice, Juan aspires to gain more insights on advanced interventions and complex clinical assessments. “Since I am engaged in a dynamic profession, it is imperative that I am abreast of contemporary clinical guidelines to maintain effective service in the healthcare sector. My Master’s programme has equipped me with the expertise I need to provide specialist palliative care for my patients, ensuring they receive comprehensive assessments and timely interventions.”

Juan credits his study for being able to exercise his time management and self-discipline skills, commenting that juggling work and studies is a tremendous challenge. His advice for new students is to set up good study habits and embrace the challenge: “Enjoy the learning process, as study brings out the best of you,” he says.

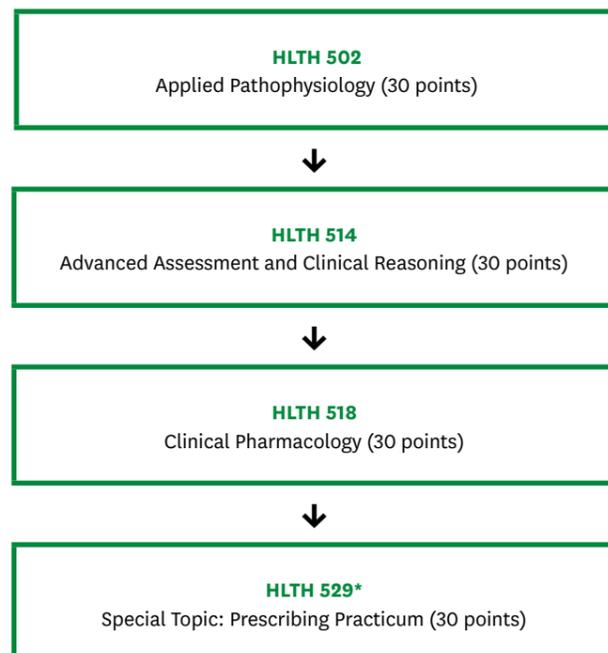
**“VICTORIA UNIVERSITY, WITH ITS SUPPORTIVE STAFF AND EXCEPTIONAL SCHOLASTIC PROGRAMMES, CREATES AN ENVIRONMENT FOR WORLD-CLASS NURSE EDUCATION.”**

## NURSE PRESCRIBING PATHWAY

Registered nurse prescribing has been designed to meet the health and wellbeing needs of people with long-term and common conditions. The PGDipNS supports registered nurses who wish to undertake prescribing roles within their practice in primary care and specialty teams. This academic qualification covers applied pathophysiology, advanced health assessment and clinical reasoning and clinical pharmacology, concluding with a registered nurse prescribing practicum. This programme of study is NCNZ approved.

Entry requirements:

- a Bachelor's degree in Nursing (or equivalent)
- must be a registered nurse with a current NCNZ practising certificate.



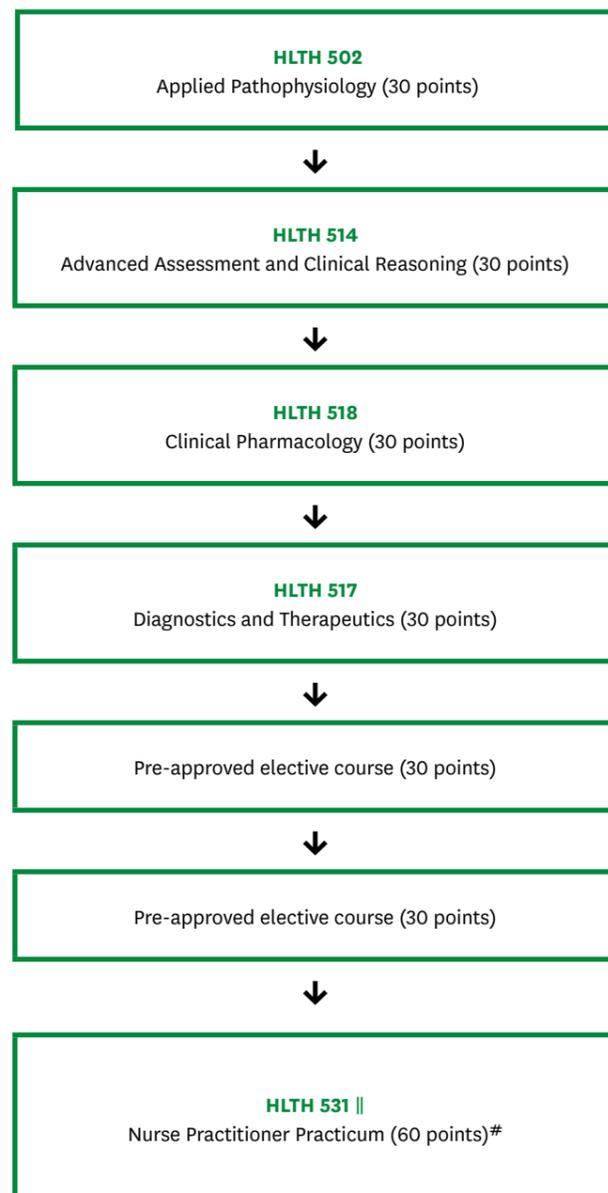
\* Contact the programme director for specific NCNZ, academic and workplace requirements for entry.

## NURSE PRACTITIONER PATHWAY

Our nurse practitioner programme provides a distinctive pathway and structure within the MNS. The recommended pathway has been internationally benchmarked and will provide you with the knowledge and skills necessary to become a nurse practitioner. For this programme of study, you will need to complete two 30-point pre-approved electives from HLTH 501-518 and HLTH 521-550 and five core courses. The elective courses must support your development as a nurse practitioner and be approved by the programme director. Your academic qualification will be an MNS, which meets the NCNZ stipulated requirements for nurse practitioners.

Entry requirements:

- a Bachelor's degree in Nursing (or equivalent)
- must be a registered nurse with a current NCNZ practising certificate.



|| Contact the programme director for specific NCNZ, academic and workplace requirements for entry.

# Subject to regulatory approval.



## CORINA NGATAI

Graduate, Master of Nursing Science—  
Nurse Practitioner

Nurse practitioner and clinical nurse leader,  
primary healthcare

Corina had her mind set on becoming a nurse practitioner very early on in her Master's journey. Through commitment and perseverance she applied for, and was granted, prescribing rights by the New Zealand Nursing Council in 2017. This has enabled Corina to work at the top of her scope of practice, providing holistic care that includes assessment, diagnosis and treatment of patients in her community. In addition to this, Corina has the role of clinical nurse leader, responsible for the nursing team in the practice in which she works. "Part of my role is to ensure that all nursing staff are current in their clinical practice and are provided education and support for their own professional development," she says.

Reflecting on her postgraduate experience, Corina described the journey with three words—tautoko (to support), whānau (family) and whaipanga (to nourish)—and explained that "the course supported my learning needs and goal to become a nurse practitioner; since graduating, I have maintained relationships with many students, mentors and staff at Victoria University; as a nurse practitioner, my skills are recognised and valued in my community and among my colleagues and peers with whom I work."

**WHĀIA TE ITI KAHURANGI KI  
TE TŪOHU KOE ME HE MAUNGA  
TEITEI.**

**AIM FOR THE HIGHEST CLOUD  
SO THAT IF YOU MISS IT, YOU  
WILL HIT A LOFTY MOUNTAIN.**



# MIDWIFERY PROGRAMME

The Master of Health (Midwifery) commences in 2019. Midwives enrolled in the Master of Health Care (Midwifery Practice) or the Postgraduate Diploma in Health Care (Midwifery Practice) may continue their current pathway to completion.

The Master of Health (Midwifery), with exit points at postgraduate certificate and postgraduate diploma level, is intended for midwives who seek to enhance their midwifery practice and to become leaders in their clinical environments through innovation, policy and education. This MHLth subject will provide registered midwives with opportunities to develop clinical skills, knowledge, research capability and leadership within midwifery-relevant courses.

Midwives who wish to follow a research route may enrol in the Master of Health Research with a Midwifery specialisation (see page 9). We will work with you to design the programme best suited to your current needs and future career plans.

Entry requirements:

- a Bachelor's degree in Midwifery (or equivalent)
- must be a registered midwife with a current practising certificate from the Midwifery Council of New Zealand.

## POSTGRADUATE CERTIFICATE IN MIDWIFERY

This complex-care pathway is funded by Health Workforce New Zealand and comprises HLTH 532 Midwifery Assessment and Decision-Making in Complex Maternity Care and HLTH 533 Midwifery Practicum in Complex Care.

### HEALTH CARE PROGRAMME

Individualised academic advice will be provided to existing students. Contact the GSNMH for personalised course and programme planning.

## POSTGRADUATE CERTIFICATE IN HEALTH (MIDWIFERY)

The Postgraduate Certificate in Health (Midwifery) (PGCertHlth(Mid)) comprises HLTH 532 Midwifery Assessment and Decision-Making in Complex Maternity Care and one 30-point approved course from HLTH 501–518 or HLTH 521–550.

## POSTGRADUATE DIPLOMA IN HEALTH (MIDWIFERY)

The Postgraduate Diploma in Health (Midwifery) (PGDipHlth(Mid)) follows on from the PGCertHlth(Mid) or the Postgraduate Certificate in Midwifery (PGCertMid). It comprises 120 points from either the PGCertHlth(Mid) or the PGCertMid, HLTH 513 Real World Midwifery and one 30-point approved course from HLTH 501–518 or HLTH 521–550.

## MASTER OF HEALTH (MIDWIFERY)

The Master of Health (Midwifery) totals 180 points and is in two parts. This comprises five courses (180 points from Parts One and Two). Part One is the PGDipHlth(Mid). Part Two is the 60-point course HLTH 551 Professional Project.

For detailed course prescriptions and dates, see pages 10–12.

# HEALTH PROGRAMME

The Health programme is a new qualification for 2019, replacing the Health Care programme (see box below), which will take no further enrolments. The Master of Health (MHLth) has been developed to provide you—as a nurse, midwife or other health professional—with a specialist qualification to advance your career in the health and wellbeing sector.

Entry requirements:

- Bachelor of Health or a Bachelor's degree in a relevant health-related discipline.

You will choose to complete the programme in one of the following subject areas. Each subject area will comprise core and elective courses.

**Nursing:** This subject provides registered nurses with the opportunity to build on their current skills and knowledge for advanced nursing practice roles in education, leadership, policy and practice.

**Midwifery:** This subject is for midwives who intend to enhance their midwifery practice to become leaders in their clinical environments through innovation, policy and education.

**Professional practice:** This subject provides health professionals the opportunity to build on their current skills and knowledge and become key influencers and innovators across the health sector in their area of specialty.

**Health leadership and management:** This subject prepares graduates to lead and undertake management roles across the health sector.

**Health policy, planning and service delivery:** This subject prepares graduates for national, district and service delivery policy and implementation roles in the health sector.

**Health promotion:** This subject provides graduates and health professionals a suite of courses focusing on the needs of diverse populations for the health promotion workforce.

**Workplace health and safety:** This subject prepares graduates to have a key role in workplace health and safety practices.

### HEALTH CARE PROGRAMME

Individualised academic advice will be provided to existing students. Contact the GSNMH for personalised course and programme planning.

## POSTGRADUATE CERTIFICATE IN HEALTH

The Postgraduate Certificate in Health (PGCertHlth) requires you to complete 60 points in courses specified for one of the subject areas. These will comprise core and elective courses. In applying this knowledge to your workplace, you will be able to critically integrate theory, practice and research to impact health outcomes in your chosen subject.

## POSTGRADUATE DIPLOMA IN HEALTH

The Postgraduate Diploma in Health (PGDipHlth) is a specialist health qualification at an advanced level that will extend your knowledge, skills and confidence in your chosen subject area.

The PGDipHlth totals 120 points, comprising a mixture of core and elective courses specified for one of the subject areas.

## MASTER OF HEALTH

The Master of Health (MHLth) programme totals 180 points and comprises courses relevant to your chosen subject area.

You will be able to apply critical thinking to achieve new insights, apply and communicate research knowledge and take a leadership role in national and international settings in your subject area.

For detailed course prescriptions and dates, see pages 10–12.

Contact the programme director for academic advice and personalised course and programme planning.



## LYNDAL HONEYMAN

Student, Master of Health Research (Midwifery)

Registered midwife, community midwifery team

Lyndal first embarked on postgraduate study with the complex-care pathway for registered midwives, funded by Health Workforce New Zealand. She now aims to complete a thesis, beginning with a research project that examines the use of foetal heart rate monitors by pregnant women. Lyndal believes that a Master of Health Research is a perfect fit for her future career plans and academic ability.

Gaining confidence in her skills and knowledge, Lyndal acknowledges the opportunities postgraduate study has provided, enhancing and extending her clinical practice within her role in community midwifery. “My study has helped me to better share and articulate current research amongst my colleagues and clients. I feel empowered to discuss, disseminate and contribute research to add to the ever-evolving body of knowledge in midwifery,” she says.

**“I HAVE ONLY JUST BEGUN MY THESIS JOURNEY, AND SO FAR IT HAS BEEN AN EXCITING AND CHALLENGING EXPERIENCE. MY ADVICE TO NEW STUDENTS IS TO JUMP IN! START WITH ONE OR TWO COURSES THAT INTEREST YOU AND GO FROM THERE.”**



## DR RESTUNING WIDIASIH

Graduate, PhD in Nursing

University lecturer, Indonesia

Restu chose to come to New Zealand to complete her doctoral studies because the programme was in line with her study background and there was supervisory interest in her proposed research area. After graduating in 2017, Restu returned home to Indonesia and immersed herself into a range of challenges: she is a university lecturer as well as head of a maternity nursing department, a chief editor of a journal, a consultant for another journal and a consultant at a research centre at Padjadjaran University.

Restu believes her international postgraduate study has given her new opportunities, and credits her doctoral study for refining her capability as a research scholar, furthering her critical thinking and problem-solving skills and improving her English.

**“MY PROGRAMME OF STUDY WAS UNFORGETTABLE. IT WAS CHALLENGING, PARTICULARLY LEARNING ENGLISH, BUT I WAS IN A VERY SUPPORTIVE ENVIRONMENT. I’LL ALWAYS BE GRATEFUL FOR THE FRIENDSHIPS AND EXPERIENCE I HAD LIVING IN NEW ZEALAND.”**

# RESEARCH DEGREE PROGRAMMES

With a strong team of academics to support you and excellent access to extensive online library resources, you will have everything you need for your study—whether it is for a Master of Health Research (MHR), a doctoral thesis (PhD) or the newly introduced professional doctorates.

## MASTER OF HEALTH RESEARCH

We offer a 120-point, one-year full-time or two-years’ part-time MHR programme that develops in-depth understanding of research methods and techniques. This programme is available for any healthcare practitioner looking at developing a career in health research and can be awarded with a specialisation in Nursing or Midwifery. The MHR will provide you with training for academic research while you undertake independent primary research in an area of interest to you. Health practitioners interested in this course are expected to have had exposure to research methods training.

While undertaking research studies at the GSNMH, you will be supported by academic supervisors with expertise in a range of topic areas and research methods. During the programme, you will also meet and network with other Master’s and PhD students at our twice-yearly ‘research schools’. These are opportunities for you to discuss research issues and work with your peers and academic staff, as well as national and international visiting academics.

## PHD STUDY

PhDs are undertaken in either Nursing, Midwifery or Health. While completing a PhD thesis, you may study full time or part time and will be offered expert supervision on a range of methodologies in nursing, midwifery and healthcare topics. During your PhD study, you will be given support to engage in scholarly activities such as presenting your research at twice-yearly research schools, at our seminar series and at national and international conferences. We encourage students to publish during their research journey.

## PROFESSIONAL DOCTORATE PROGRAMME

The Doctor of Nursing (DNurs), Doctor of Midwifery (DMid) and Doctor of Health (DHLth) programmes comprise taught courses and a thesis project that will develop your professional understanding, extend your leadership attributes and expertise in research and evaluation. You will learn about contemporary issues facing communities and the health sector from local, national and international health service, policy and population perspectives.

Make a difference in health delivery and outcomes in New Zealand and globally by pursuing original, applied research relevant to your nursing, midwifery or health practice. The professional doctorate programme is an opportunity for experienced professionals in diverse clinical and non-clinical roles in the health sector to gain the highest level of professional qualification. You will move through the programme with a cohort of other health professionals so you can share knowledge and strengthen relationships in the health community.

# SCHOOLS

Each course is comprised commonly of two or three ‘schools’ that are run over a one- to four-day block. The schools are designed to stimulate your learning, give you time to study and provide you with access to our staff for advice and guidance. The schools are held at Wellington Regional Hospital. They are a great opportunity for you to meet and mingle with your fellow students to share ideas and strategies for learning, identify areas for change and benchmark your progress.

## COURSES

| Trimester One                            |  |
|--|--|
| HLTH 501                                 | Research for Practice  |
| HLTH 502                                 | Applied Pathophysiology  |
| HLTH 514                                 | Advanced Assessment and Clinical Reasoning                         |
| HLTH 518                                 | Clinical Pharmacology  |
| HLTH 520                                 | Practice Project   |
| HLTH 521                                 | Research Methods   |
| HLTH 524                                 | Health Leadership and Management                                   |
| HLTH 529                                 | Special Topic: Prescribing Practicum                               |
| HLTH 532                                 | Midwifery Assessment and Decision-Making in Complex Maternity Care |
| HLTH 601                                 | Critical Analysis of a Health Issue                                |
| Trimester Two                            |  |
| HLTH 502                                 | Applied Pathophysiology  |
| HLTH 504                                 | Specialist Practice: Long-Term Conditions                          |
| HLTH 513                                 | Real World Midwifery   |
| HLTH 514                                 | Advanced Assessment and Clinical Reasoning                         |
| HLTH 517                                 | Diagnostics and Therapeutics                                       |
| HLTH 519                                 | Research Review  |
| HLTH 523                                 | Contemporary Issues in Nursing                                     |
| HLTH 528                                 | Evaluation for Health  |
| HLTH 533                                 | Midwifery Practicum in Complex Care                                |
| HLTH 602                                 | Issues in Professional Contexts                                    |
| Trimester Three                          |  |
| HLTH 516                                 | Health, Illness and Disease  |
| Trimesters One and Two                   |  |
| HLTH 531                                 | Nurse Practitioner Practicum                                       |
| Trimesters Two and Three                 |  |
| HLTH 551                                 | Professional Project   |
| Full year: Trimesters One, Two and Three |  |
| HLTH 591                                 | Master of Health Research—Thesis                                   |
| HLTH 592                                 | Master of Health Research—Thesis in Nursing                        |
| HLTH 593                                 | Master of Health Research—Thesis in Midwifery                      |
| HLTH 594                                 | Master of Nursing Science—Thesis                                   |
| HLTH 596                                 | Master of Health Care—Thesis                                       |
| HEAL 690                                 | Health for PhD   |
| MIDW 690                                 | Midwifery for PhD  |
| NURS 690                                 | Nursing for PhD  |
| Full year                                |  |
| HLTH 550                                 | Transition to Professional Nursing Practice <sup>§</sup>           |

<sup>§</sup> This course runs outside the standard university trimesters.

# COURSES AND SCHOOLS

An introduction to the individual courses we are offering in 2019, along with the details of when you will need to visit us for schools and research weeks (for Master's and PhD students undertaking a thesis), are listed below. Some courses also offer online learning, teleconferencing and online tutorials; these dates will be advised by the course coordinator at the beginning of the trimester. Attendance at the schools is part of your course requirements.

For course prerequisites, corequisites and restrictions, see further details on the course finder at [www.victoria.ac.nz](http://www.victoria.ac.nz)

## THE ACADEMIC YEAR

Victoria University's academic year has three trimesters. Trimester One (1/3) runs from March to July, Trimester Two (2/3) is from July to November and Trimester Three (3/3) is from November to February.

## COURSES

| HLTH 501 Research for Practice   |                                |
|--|--------------------------------|
| This course focuses on locating, interpreting, critiquing and using research as a means for improving decision-making in the clinical or health setting. |                                |
| <b>1/3</b>   | <b>30 points</b>               |
| First school   | Monday 11 and Tuesday 12 March |
| Second school  | Thursday 9 and Friday 10 May   |

| HLTH 502 Applied Pathophysiology  |                                |
|---|--------------------------------|
| Pathophysiology is explored in relation to clinical practice and emerging evidence. This course provides a foundation for clinical decisions related to interventions, management and expected health outcomes across the lifespan. |                                |
| This course will run twice in 2019.   |                                |
| <b>1/3</b>  | <b>30 points</b>               |
| First school  | Monday 4 and Tuesday 5 March   |
| Second school   | Thursday 4 and Friday 5 April  |
| Third school  | Friday 24 May                  |
| <b>2/3</b>  | <b>30 points</b>               |
| First school  | Monday 8 and Tuesday 9 July    |
| Second school   | Thursday 8 and Friday 9 August |
| Third school  | Friday 13 September            |

| HLTH 504 Specialist Practice: Long-Term Conditions  |                                     |
|---|-------------------------------------|
| This specialist practice course will enhance the knowledge and skills of healthcare professionals who support individuals and populations living with long-term conditions. Key issues for exploration during this course include population health approaches to understand the impact of long-term conditions, the role of health professionals in long-term conditions management and patient self-management strategies to improve health outcomes. Students must be in direct patient contact. |                                     |
| <b>2/3</b>  | <b>30 points</b>                    |
| First school  | Thursday 25 and Friday 26 July      |
| Second school   | Thursday 19 and Friday 20 September |

| HLTH 513 Real World Midwifery  |                                    |
|--|------------------------------------|
| This course explores the role of the midwife as it is constructed in contemporary society. In particular, it explores the context in which midwifery is practised and in which it attempts to support and promote normal childbirth. |                                    |
| <b>2/3</b>   | <b>30 points</b>                   |
| First school   | Monday 22 and Tuesday 23 July      |
| Second school  | Monday 16 and Tuesday 17 September |

| HLTH 514 Advanced Assessment and Clinical Reasoning  |  |
|--|--|
| This course is designed to develop the skills of systematic history taking, clinical examination and diagnostic reasoning with a focus on the respiratory, cardiovascular, abdominal and neurological systems. Students work alongside mentors in their clinical practice to develop these skills. |  |
| Students must be in direct patient contact.  |  |
| This course will run twice in 2019.  |  |
| <b>1/3</b>   | <b>30 points</b>                             |
| First school   | Wednesday 6, Thursday 7 and Friday 8 March   |
| Second school  | Thursday 11 and Friday 12 April              |
| Third school   | Friday 7 June                                |
| <b>2/3</b>   | <b>30 points</b>                             |
| First school   | Wednesday 10, Thursday 11 and Friday 12 July |
| Second school  | Thursday 15 and Friday 16 August             |
| Third school   | Friday 11 October                            |

| HLTH 516 Health, Illness and Disease  |                         |
|---|-------------------------|
| This course focuses on sociological and anthropological literature about the experience of being healthy and being sick, as it relates to institutional recognition of disease. |                         |
| This course is offered as an online course.   |                         |
| <b>3/3</b>  | <b>30 points</b>        |
| First webinar   | Tuesday 12 November     |
| Second webinar  | Tuesday 26 November     |
| Third webinar   | Tuesday 10 December     |
| Fourth webinar  | Tuesday 7 January 2020  |
| Fifth webinar   | Tuesday 21 January 2020 |
| Sixth webinar   | Tuesday 4 February 2020 |

| HLTH 517 Diagnostics and Therapeutics   |                                     |
|---|-------------------------------------|
| This course examines the sensitivity, specificity and utility of commonly used diagnostic testing methods (including the FBC, 12-lead ECG and telemetry monitoring, radiological imaging and cardio-pulmonary diagnostics). In addition, course modules will explore the assessments of nutrition, infection and anaemia alongside their associated common therapies. |                                     |
| Students must be in direct patient contact.   |                                     |
| <b>2/3</b>  | <b>30 points</b>                    |
| First school  | Thursday 25 and Friday 26 July      |
| Second school   | Thursday 19 and Friday 20 September |

| HLTH 518 Clinical Pharmacology   |                                |
|--|--------------------------------|
| This course examines principles of clinical pharmacology and therapeutics in the context of safe and quality use of medicines. |                                |
| <b>1/3</b>   | <b>30 points</b>               |
| First school   | Monday 11 and Tuesday 12 March |
| Second school  | Monday 8 and Tuesday 9 April   |
| Third school   | Monday 13 and Tuesday 14 May   |

| HLTH 519 Research Review   |                                    |
|--|------------------------------------|
| In developing a review relevant to your area of practice, this course will examine the practices of scholarly writing and publishing practices to assist students in preparing manuscripts for publication in the appropriate scholarly or professional forum. |                                    |
| <b>2/3</b>   | <b>30 points</b>                   |
| First school   | Thursday 18 and Friday 19 July     |
| Second school  | Monday 16 and Tuesday 17 September |

| HLTH 520 Practice Project  |                                 |
|--|---------------------------------|
| Students negotiate, design, undertake and report on an evidence-based project of relevance to their practice area under the supervision of academic and workplace mentors. |                                 |
| <b>1/3</b>   | <b>30 points</b>                |
| First school   | Thursday 14 and Friday 15 March |
| Second school  | Monday 27 and Tuesday 28 May    |

| HLTH 521 Research Methods  |                                |
|--|--------------------------------|
| This course prepares students to undertake independent research by developing knowledge and skills in a variety of paradigms and methods and engaging in higher-level debates on research philosophy and theory, ethics, limitations, data gathering and analysis. |                                |
| <b>1/3</b>   | <b>30 points</b>               |
| First school   | Monday 18 and Tuesday 19 March |
| Second school  | Monday 20 and Tuesday 21 May   |

| HLTH 523 Contemporary Issues in Nursing  |                                    |
|--|------------------------------------|
| This course will explore the role, place and voice of nurses in influencing health and wellbeing at a national and international level. Students will be challenged to articulate their contribution to healthcare and encouraged to think innovatively about healthcare delivery. The course is designed to build professional self-confidence by cultivating professional identity and professional voice. |                                    |
| <b>2/3</b>   | <b>30 points</b>                   |
| First school   | Monday 22 and Tuesday 23 July      |
| Second school  | Monday 23 and Tuesday 24 September |

| HLTH 524 Health Leadership and Management   |                                |
|---|--------------------------------|
| This course will examine the issues that arise in leading and managing in the health sector. It will cover leadership and management theories and concepts, organisational development, budgeting and financing processes in healthcare, planning human resources and managing people and will consider issues relating to cultural safety. |                                |
| <b>1/3</b>  | <b>30 points</b>               |
| First school  | Monday 18 and Tuesday 19 March |
| Second School   | Thursday 30 and Friday 31 May  |

| HLTH 528 Evaluation for Health   |   |
|--|---|
| This course prepares students to systematically use a programme-logic approach to introduce and evaluate practices, systems and processes within a health context. |   |
| <b>2/3</b>   | <b>30 points</b>                          |
| First school   | Monday 15 and Tuesday 16 July             |
| Second school  | Monday 30 September and Tuesday 1 October |

| HLTH 529 Special Topic: Prescribing Practicum  |                                 |
|--|---------------------------------|
| This course will develop prescribing knowledge and skills, drawing on the student's previous learning in advanced health assessment, diagnostic reasoning/therapeutics and pharmacology. This course meets the NCNZ requirements for registered nurse prescribing authority. |                                 |
| Students must be in direct patient contact and have one or more clinical mentors before commencing this course.  |                                 |
| <b>1/3</b>   | <b>30 points</b>                |
| First school   | Thursday 14 and Friday 15 March |
| Second school  | Thursday 16 and Friday 17 May   |

| HLTH 531 Nurse Practitioner Practicum  |                                 |
|--|---------------------------------|
| This course provides an opportunity for Nurse Practitioner students to synthesise and apply all previous Master's course learning. |                                 |
| Students must have identified one or more suitable mentors before commencing this course.  |                                 |
| <b>1+2/3</b>   | <b>60 points*</b>               |
| First school   | Thursday 14 and Friday 15 March |
| Second school  | Thursday 8 and Friday 9 August  |
| Third school   | Friday 4 October                |

| HLTH 532 Midwifery Assessment and Decision-Making in Complex Maternity Care   |                              |
|---|------------------------------|
| This clinically oriented course is focused on building midwifery assessment and decision-making for complexity in maternity care across the full range of midwifery practice. |                              |
| Clinical contact with childbearing women is required.   |                              |
| <b>1/3</b>  | <b>30 points</b>             |
| First school  | Monday 4 and Tuesday 5 March |
| Second school   | Monday 6 and Tuesday 7 May   |

| HLTH 533 Midwifery Practicum in Complex Care   |                                   |
|--|-----------------------------------|
| This course integrates theoretical knowledge into practice and extends the midwife's experience, knowledge, skills and practice in complex maternity care. |                                   |
| <b>2/3</b>   | <b>30 points</b>                  |
| First school   | Monday 15 and Tuesday 16 July     |
| Second school  | Monday 9 and Tuesday 10 September |

**HLTH 550 Transition to Professional Nursing Practice**

This blended-learning, practice- and research-oriented course facilitates the integration of newly graduated nurses into the nursing profession. The course explores how newly graduated nurses become professionally self-confident, how they respond to, and meet, the needs of patients, family, whānau and communities and how they navigate workplace practices.

|                  |                            |
|------------------|----------------------------|
| <b>Full year</b> | <b>30 points</b>           |
| School dates     | To be advised <sup>§</sup> |

**HLTH 551 Professional Project**

This course will provide students with the knowledge and skills to plan, execute and complete a project that demonstrates advanced knowledge in a field of professional practice. Students will apply skills acquired during the study programme to examine practice problems. The outcomes of the project will be presented in a report targeting relevant stakeholders.

|                  |                                     |
|------------------|-------------------------------------|
| <b>Full year</b> | <b>60 points</b>                    |
| First school     | Monday 29 and Tuesday 30 July       |
| Second school    | Thursday 26 and Friday 27 September |
| Third school     | Monday 18 and Tuesday 19 November   |

**HLTH 601 Critical Analysis of a Health Issue**

During this course, students complete a critical review of the relevant literature as background to framing the proposed research question(s) and methodological approach for their investigation of the health issue that is the focus of their thesis research.

|               |                  |
|---------------|------------------|
| <b>1/3</b>    | <b>30 points</b> |
| First school  | Thursday 7 March |
| Second school | Thursday 9 May   |
| Third school  | Thursday 6 June  |

**HLTH 602 Issues in Professional Contexts**

In this course, students develop a detailed understanding of the philosophical and theoretical frameworks and their application to professional contexts that are required for critically examining and addressing professional issues in the health sector.

|               |                   |
|---------------|-------------------|
| <b>2/3</b>    | <b>30 points</b>  |
| First school  | Tuesday 9 July    |
| Second school | Tuesday 13 August |
| Third school  | Tuesday 1 October |

**MORE INFORMATION**

To find out more, contact us:

- +64-4-463 5363 or 0800 108 005
- nmh@vuw.ac.nz
- www.victoria.ac.nz/nmh

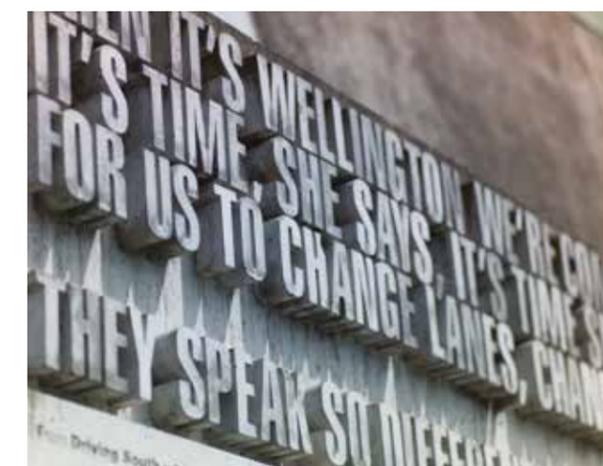
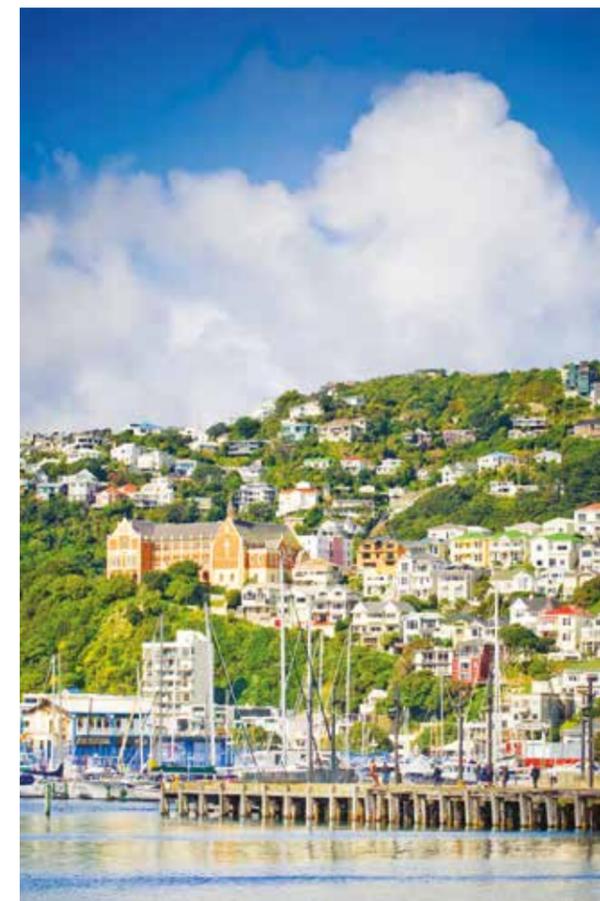
**RESEARCH SCHOOL DATES**

- HLTH 591 Master of Health Research—Thesis (120 points)
- HLTH 592 Master of Health Research—Thesis in Nursing (120 points)
- HLTH 593 Master of Health Research—Thesis in Midwifery (120 points)
- HLTH 594 Thesis for Master of Nursing Science (90 points)
- HLTH 596 Thesis for Master of Health Care (90 points)

|               |                              |
|---------------|------------------------------|
| First school  | Monday 29 April–Friday 3 May |
| Second school | Monday 14–Friday 18 October  |

- HEAL 690 Health for PhD
- MIDW 690 Midwifery for PhD
- NURS 690 Nursing for PhD

|               |                              |
|---------------|------------------------------|
| First school  | Monday 29 April–Friday 3 May |
| Second school | Monday 14–Friday 18 October  |



**PROGRAMME PLANNER**

|  |  |   |
|--|--|---|
| <p><b>POSTGRADUATE CERTIFICATE IN</b></p> <hr/> <ul style="list-style-type: none"> <li>■ HLTH .....</li> <li>■ HLTH .....</li> </ul> | <p><b>POSTGRADUATE DIPLOMA IN</b></p> <hr/> <ul style="list-style-type: none"> <li>■ HLTH .....</li> <li>■ HLTH .....</li> <li>■ HLTH .....</li> </ul> | <p><b>MASTER OF</b></p> <hr/> <p><b>COURSEWORK FOCUS</b></p> <ul style="list-style-type: none"> <li>■ HLTH .....</li> <li>■ HLTH .....</li> <li>■ HLTH .....</li> <li>■ HLTH .....</li> </ul> <p><b>RESEARCH FOCUS</b></p> <ul style="list-style-type: none"> <li>■ HLTH .....</li> <li>■ HLTH .....</li> </ul> |
|--|--|---|

For course prescriptions and dates, see pages 10–12.

<sup>§</sup> This course runs outside the standard university trimesters.

# VICTORIA UNIVERSITY WELLINGTON

TE WHARE WĀNANGA  
O TE ŪPOKO O TE IKA A MĀUI



**CAPITAL THINKING.  
GLOBALLY MINDED.**  
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Graduate School of Nursing, Midwifery and Health

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