



VICTORIA UNIVERSITY OF
WELLINGTON
TE HERENGA WAKA

BACHELOR OF

HEALTH

TOHU PAETAHI HAUORA



Ready to make a difference
in your community?

Shape a healthy future?

 www.wgtn.ac.nz/bhlth



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Te Herenga Waka—Victoria University of Wellington has been awarded five stars plus overall in the QS Stars university ratings system. In addition, the University received five stars in all eight categories on which it was evaluated.

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BACHELOR OF HEALTH

TOHU PAETAHI HAUORA

Te Herenga Waka—Victoria University of Wellington's Bachelor of Health will prepare you for a rewarding career contributing to the good health and wellbeing of diverse communities in Aotearoa New Zealand.

SHAPE A HEALTHY FUTURE

With a growing population, New Zealand's healthcare services need a range of skilled people, from health promoters and policy analysts to health data management experts and health advisers.

CHOOSE YOUR MAJOR

Whichever major you choose, you'll develop an in-depth understanding of the field you're passionate about, laying the groundwork for many possible careers or further postgraduate study.

APPLY YOUR SKILLS

In the third year, choose from a research project or an internship* relevant to your major.

*Limited entry.





“The School of Health—Te Kura Tātai Hauora is committed to achieving equity in health service access and outcomes for all people in Aotearoa. We foster an inclusive environment that provides students with empowering and transformative learning experiences. This enables our students to have a tangible and positive impact on the health and wellbeing of our communities.”

Professor Antonia Lyons

Head of School, School of Health—Te Kura Tātai Hauora

OUR SUBJECTS

HEALTH INFORMATICS

Health informatics is the application of information technology to the business of healthcare. The aim is to improve healthcare through the effective management and utilisation of health information, data, and systems, and to use the knowledge gained to solve problems and make decisions about healthcare and services. All this leads to a more affordable, flexible health system and better health outcomes for people.

The Health Informatics major combines the study of technology and information systems, and considers how and when data is stored and kept confidential, how it is read and translated, and what to do with the information the data contains.

HEALTH PROMOTION

Do you want to use your skills to advocate for others? Do you want to develop action plans that increase equity within populations and help people to improve their health and wellbeing? The Health Promotion major is designed to create work-ready graduates who understand health issues and can design and implement promotion initiatives to combat these.

This major will introduce you to the range of factors that influence the health of people, and you will develop skills in Māori and Pacific health, epidemiology, health education, health literacy, community health, advocacy, social change, health communication, programme design, and evaluation. You will learn about the needs of different groups and how health promotion initiatives can be tailored for diverse groups.

HEALTH PSYCHOLOGY

In Health Psychology, you will study the interplay between biology and psychology and the impact these factors have on health, wellbeing, and illness. People who are trained in health psychology examine how people deal with illness and stress by looking at life factors and behavioural patterns. They explore why some people don't follow medical advice or take care of their own health, and help people to make choices that have a positive impact on their health and on the wellbeing of their families and communities.

Health Psychology can be applied in many settings, including private practices, hospitals, government agencies, non-governmental agencies, charities, community groups, and in areas such as pain management, professional communication, rehabilitation, and smoking cessation.

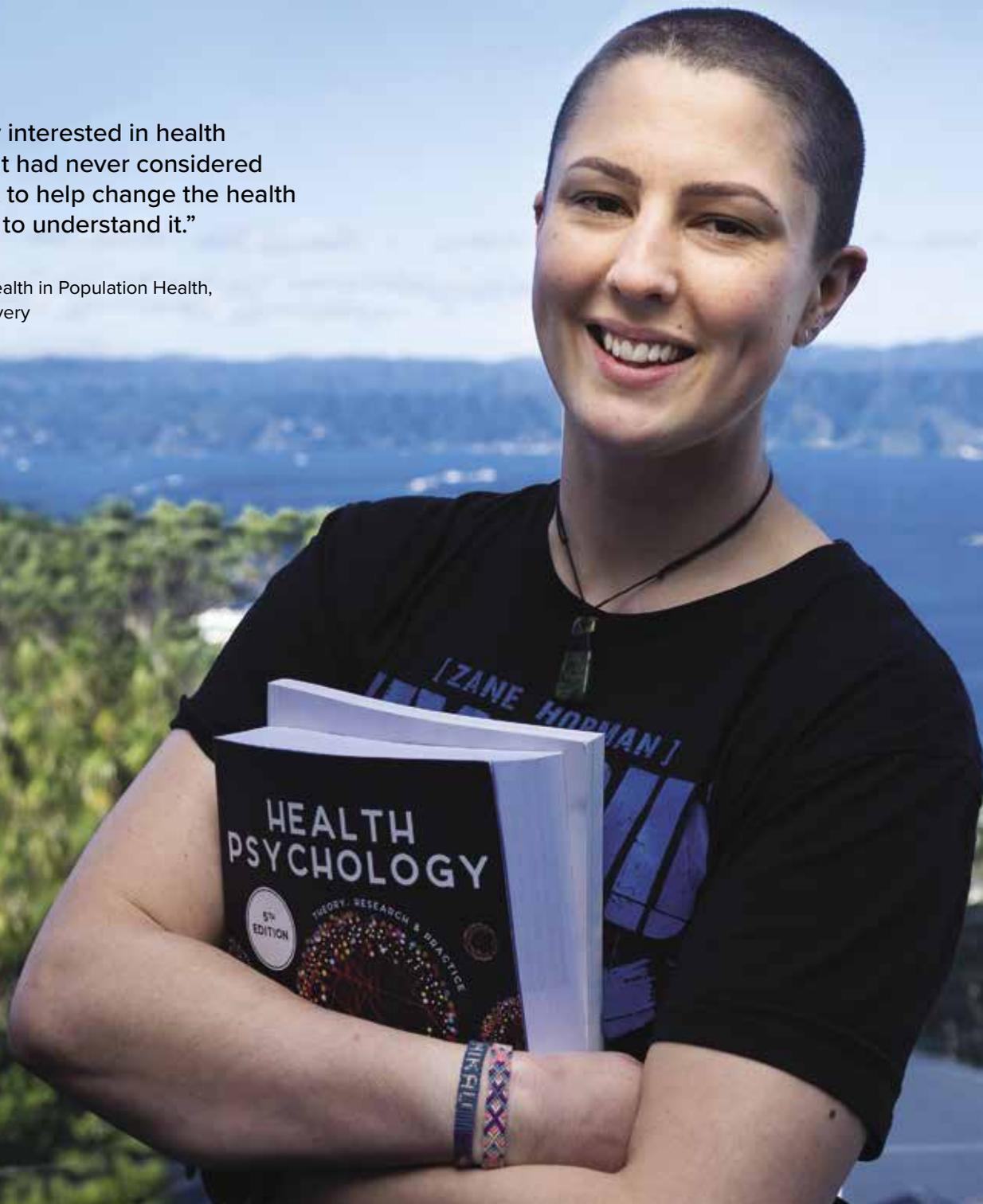
POPULATION HEALTH, POLICY AND SERVICE DELIVERY

When it comes to developing health policy and planning health services, it is essential we know about the current health needs of our communities. Populations are commonly defined by geography, but can take the form of other groups, such as ethnic groups, people with disabilities, or children. Population Health looks at the various factors that influence the health of different populations over the life span, explores measures of health outcomes, and examines the application of this knowledge to develop actions or policies that will lead to real and lasting improvements for the health and wellbeing of communities. The Population Health, Policy and Service Delivery major will introduce you to the health system and services in New Zealand, including health and public policy and health management.

“I had been really interested in health for a long time but had never considered studying it. I want to help change the health system, so I have to understand it.”

Carly Robinson

Student, Bachelor of Health in Population Health,
Policy and Service Delivery



DEGREE STRUCTURE

	Core courses	Health Informatics	Health Promotion	Health Psychology	Population Health, Policy and Service Delivery
Year 1	HLWB 101 Introduction to Health and Wellbeing	INFO 101 Introduction to Information Systems	HLWB 105 Introduction to Health Psychology	HLWB 105 Introduction to Health Psychology	PUBL 113 Social and Public Policy: Values and Change
	HLWB 102 Improving Mental and Physical Health in Communities	INFO 151 Databases	EDUC 141 Human Development and Learning	PSYC 121 Introduction to Psychology 1	Elective
	HLWB 103 Introduction to Human Biology for Health	Elective	Elective	PSYC 122 Introduction to Psychology 2	Elective
	HLWB 104 Introduction to Health Policy and Services				
	QUAN 102 Statistics for Business or STAT 193 Statistics in Practice*				

*Health Psychology students are recommended to take STAT 193.

In your second year, you'll take two core courses, HLWB 201 Global Health and Wellbeing and HLWB 202 Health and Wellbeing in Aotearoa New Zealand, along with set courses according to your major. You'll also be able to take two to three elective courses, depending on your major.

In your third year of study, you'll take one core course, HLWB 301 Research and Enquiry in Health or HLWB 302 Health Internship (limited entry), along with set courses according to your major. You'll also be able to take between two and four electives, depending on your major.

Find out more about the courses you'll take at wgtn.ac.nz/explore/degrees/health



WHERE CAN A DEGREE IN HEALTH TAKE YOU?

Often when people think about a career in health, they think of medical professionals such as doctors and nurses. In fact, nearly 50 percent of the health workforce is non-clinical.

A whole range of skills and professions are crucial to the operation and development of the sector, and they make a significant contribution to the health and wellbeing of all people who live in New Zealand. Bachelor of Health students will have a range of career pathways and options for postgraduate study.





“Health is multifactorial, and therefore it is important to have a workforce that specialises in many different areas within health and across different sectors that have a shared vision to improve the health and wellbeing of the population.”

Arianna Rangi

Population health adviser at Tū Ora Compass Health



CAREERS AND GRADUATE PATHWAYS

HEALTH INFORMATICS

Employment and postgraduate study options

JOB OPPORTUNITIES

- Business analyst—health intelligence
- Business analyst—national patient flow
- Clinical informatics specialist
- Health informatics analyst
- Health informatics project leader
- Health information analyst
- Health information manager
- Health IT developer
- Health researcher
- Health technology designer
- Project manager
- Solutions developer—health intelligence

EMPLOYERS

- Health software companies; for example, Cerner, Health Metrics, Medtec Global, Momentum Healthware
- Government agencies; for example, Callaghan Innovation, Ministry of Health, New Zealand Trade and Enterprise

POSTGRADUATE STUDY OPTIONS

- Postgraduate Certificate of Health
- Postgraduate Diploma of Health
- Master of Health
- Bachelor of Commerce with Honours
- Master of Commerce
- Master of Global Business

HEALTH PROMOTION

Employment and postgraduate study options

JOB OPPORTUNITIES

- Community health worker
- Community Māori health promoter
- Community Pasifika health promoter
- Health promoter
- Health promotion practitioner
- Health researcher
- Policy and drug information adviser
- Programme designer and evaluator
- Project/account manager
- Youth health lead

EMPLOYERS

- Community services
- District health boards
- Health Promotion Agency
- Non-governmental organisations; for example, Cancer Society, Drug Foundation, Heart Foundation, Mental Health Foundation
- Public health organisations; for example, doctors' practices, regional public health boards
- Kura kaupapa Māori health services

POSTGRADUATE STUDY OPTIONS

- Postgraduate Certificate in Health (Health Promotion)
- Postgraduate Diploma in Health (Health Promotion)
- Master of Health
- Master of Health in Health Promotion
- PhD

HEALTH PSYCHOLOGY

Employment and postgraduate study options

JOB OPPORTUNITIES

- Behavioural specialist
- Case leader—residential services
- Case manager
- Health promoter
- Health psychologist (requires postgraduate study)
- Health researcher
- Wellbeing adviser or counsellor
- Youth worker

EMPLOYERS

- Community services
- District health boards
- Government agencies; for example, ACC, Ministry of Defence, Ministry of Justice
- Non-governmental organisations
- Universities

POSTGRADUATE STUDY OPTIONS

- Postgraduate Certificate in Health Psychology
- Postgraduate Diploma in Health Psychology
- Master of Health Psychology
- Master of Science in Psychology
- Postgraduate Diploma in Health Psychology Practice*
- PhD

*Subject to regulatory approval.



“Ultimately I want to lead and manage within a hospital, and this programme is definitely helping me to reach my goals.”

Pramishka Madurapperuma

Student, Postgraduate Diploma in Health in Health Leadership and Management

POPULATION HEALTH, POLICY AND SERVICE DELIVERY

Employment and postgraduate study options

JOB OPPORTUNITIES

- Health educator
- Health manager
- Health policy adviser
- Health researcher
- Project manager
- Public health adviser
- Research unit manager
- Services portfolio manager

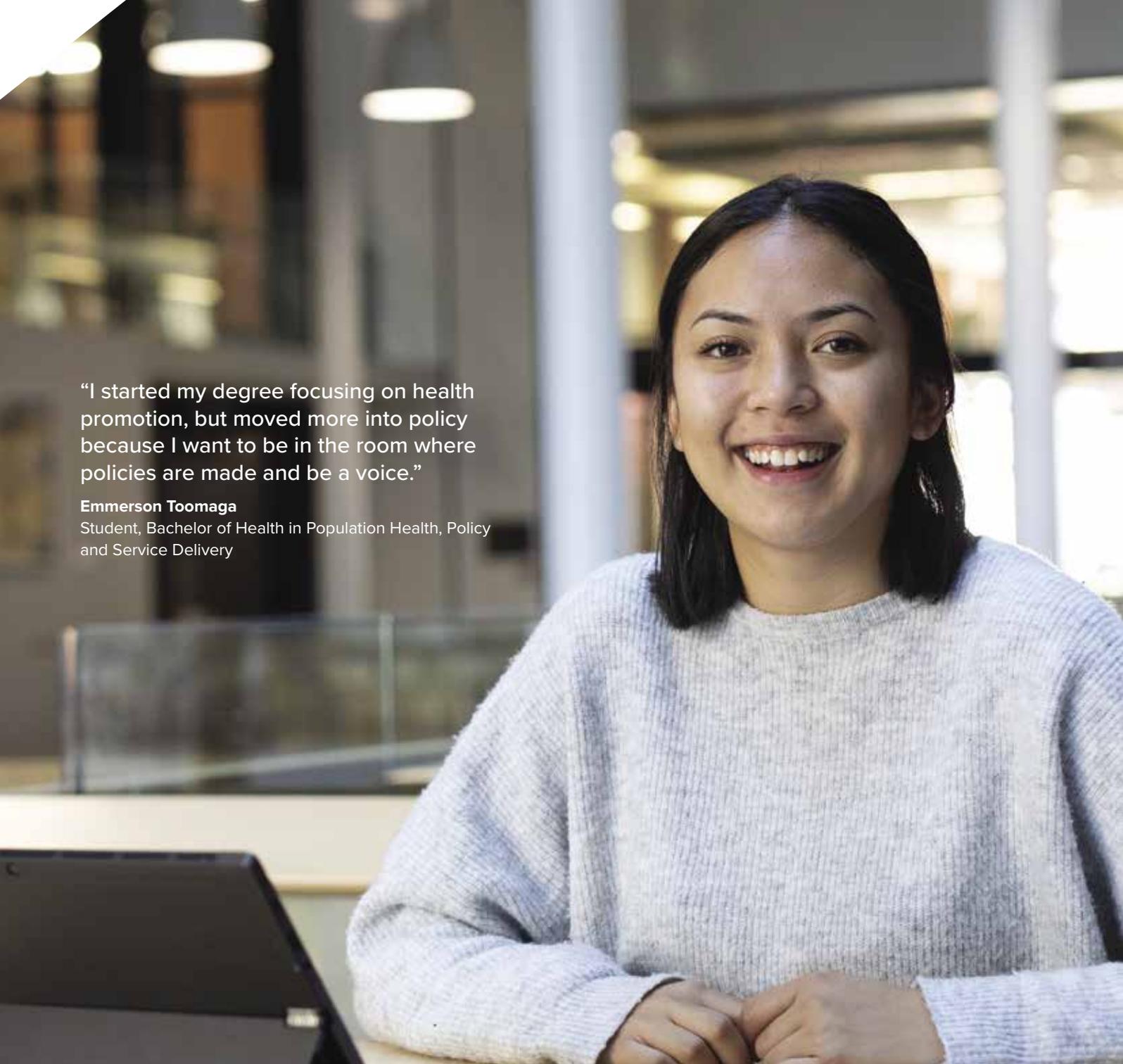
EMPLOYERS

- Community services
- District health boards
- Health Promotion Agency
- New Zealand Defence Force
- Non-governmental organisations; for example, Cancer Society, Heart Foundation, Mental Health Foundation
- Public health organisations; for example, doctors' practices, regional public health boards
- Kura kaupapa Māori health services

POSTGRADUATE STUDY OPTIONS

- Postgraduate Certificate in Health (Health Policy, Planning and Service Delivery)
- Postgraduate Diploma in Health (Health Policy, Planning and Service Delivery)
- Master of Health in Health Policy, Planning and Service Delivery
- Master of Health Research
- Master of Global Business





“I started my degree focusing on health promotion, but moved more into policy because I want to be in the room where policies are made and be a voice.”

Emmerson Toomaga

Student, Bachelor of Health in Population Health, Policy and Service Delivery

FIND OUT MORE

i www.wgtn.ac.nz/health

KEY DATES

Enrolments open on 10 September 2021. Applications for study in 2022 are due on 20 January 2022.

ENTRY REQUIREMENTS

Entry into the Bachelor of Health requires standard New Zealand University Entrance or other equivalent.

There are no prerequisite secondary school subjects for the Bachelor of Health, but useful subjects to prepare for this degree include Biology, English, Health, Home Economics, Physical Education, Science, Social Studies, and Statistics.

CONTACT US

Wellington Faculty of Health

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📞 04 463 4750

✉ health@vuw.ac.nz

i www.wgtn.ac.nz/health

COURSE PLANNING

For help with course planning, contact Student Recruitment and Orientation.

📞 0800 04 04 04

✉ course-advice@vuw.ac.nz

i www.wgtn.ac.nz/courses

OTHER STUDENT RESOURCES

Disability support

i www.wgtn.ac.nz/disability

Māori student support

i www.wgtn.ac.nz/awhina

Pasifika student success

i www.wgtn.ac.nz/pasifika

Rainbow student support

i www.wgtn.ac.nz/rainbow

Scholarships

i www.wgtn.ac.nz/scholarships

Student services and support

i www.wgtn.ac.nz/student-support







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